

ADRD Information and support can be found within a growing network of organizations throughout the state.

As of Fall 2021:

Program and services that are offered through the AAAs are:

T-Care assessment, 'Powerful tools for Caregivers' training,
 Self-care and Stress management workshops, support
 groups, funds to provide respite in home, at an Adult Day
 program or short-term facility respite, funds for
 supplemental services such as — meal preparation, light
 housework, transportation to/from medical appointments,
 adaptive technology, home modifications for safety and
 access. ALL core OAA services are available for Individuals
 living with Early Onset ADRD diagnosis.

Alzheimer's Association offers 24/7 statewide Phone support, online education programs and training, in person and online support for individuals with ADRD and their caregivers.

<u>UVM Memory Center</u> offers diagnostic and treatment services as well as support, education, and training using the 'Carers' program.

<u>The Memory Clinic in Brattleboro</u> offers diagnostic and treatment services and referrals to counseling and support groups

<u>Clinical Counseling for Caregivers:</u> SVCOA has embedded a counselor in their office that focuses on caregivers and the emotional challenges they face in that role.

<u>Caregiver Coalition:</u> Rutland's Caregiver Coalition represents efforts of a diverse group of agencies, private, public, professional, non-profit, and for profit that serve caregivers by identifying and addressing their needs through collaboration in order to improve the overall quality of life for Caregivers, their families and the community.
<u>Dementia Friendly Communities:</u> St Albans and Newport are2 cities that have made a commitment to start implementing tools to make their communities accessible/

'friendly' for individuals living with ADRD.

Gifford Hospital in Randolph has created a memory clinic.

